



Adult Day Health Center Member

LeadingAge RI members include adult day health centers, nursing homes, assisted living residences, and senior housing providers. Our members are committed to providing the highest quality and most compassionate care to the people they serve. So when Rhode Islanders are in need of long-term care services, they can look to the LeadingAge RI community for help.

At a time when long term care is facing intense challenges, our members are showing that there is a difference when it comes to quality. By providing more supportive services and developing new and innovative ways to meet the needs of those they serve, not-for-profit and mission-driven providers are setting the standard for expanding the world of possibilities for aging. Our members focus their programs and services on the needs, interests and desires of those they serve, and quality of life is their bottom line. The focus of LeadingAge RI providers is people—their resources are invested in enhanced services and staffing, improving facilities, and responding to new community needs—the net result of which is to ensure high quality care to our older population and their families.

LeadingAge RI adult day centers play a unique role in the long term care spectrum by providing a safe and cost-effective environment in which people retain their optimal independence while also receiving appropriate and supportive care and services from trained staff. Centers are able to provide a full range of health and social services individuals need to remain safely in the community, including assistance with personal care services, care management and coordination, nursing services, medication management, dining and nutrition services, caregiver support, social and therapeutic activities, and more. They are an especially helpful resource for individuals with dementia. In addition, research indicates that adult day health services can help improve the well-being of both individuals and caregivers¹. Our members are also able to communicate and collaborate with the wide range of high quality aging services providers that are part of the larger LeadingAge RI membership. Indeed, LeadingAge RI members believe that promoting the greatest quality of life and quality care isn't just a choice, it is our commitment to our older residents, their families, and our

¹ E. Schmitt et al, Adult Day Health Center Participation and Health-Related Quality of Life, *The Gerontologist* 50(4): 531-540 (2010) (Institute on Aging)
S. Zarit et al, Effects of Adult Day Care on Daily Stress of Caregivers: A Within-Person Approach, *Journals of Gerontology Series B Psychological and Social Sciences*. (2011) 66B (5), 538-546.

community.

